

The Northwest Missourian

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Head Start kids celebrate Christmas



See 'Greeks' page 5.

Placement report in . . .

Graduates find jobs

Although job openings listed were down nearly one-half from the year before, 75 percent of last year's graduates found jobs, and 17 percent went on to graduate school, according to a recent report from the University's Career/Placement Service. Good news was reported for education graduates who chose to stay in Missouri and reported increases in beginning salaries.

Despite a tight economy, 91 percent of Northwest's 1982-83 graduates reporting to the university's career placement service are either employed or have entered graduate school, said Marvin Silliman, director of placement and career planning.

During the placement year which ended in October, the university's Placement and Career Planning Office served more than 800 new and alumni candidates with weekly job bulletins during the second half of the year. These weekly bulletins listed a total of more than 6,350 job openings. The number of job openings was down significantly from the 12,000 listed in 1981-82.

The year's total placements included 17 percent who went on to graduate school, Silliman said.

Of those students graduating with bachelor of science degrees and

reporting back to the placement office, 58 percent were employed by business and industry, 20 percent elected to continue study, 13 percent are self-employed, and 9 percent are still seeking employment.

The breakdown of students completing bachelor of science in education degrees includes 62 percent entering teaching, 14 percent going into graduate study, 11 percent entering business and industry, 4 percent being self-employed and 9 percent still seeking positions.

Of those employed and reporting back to the placement office, 64 percent remained in Missouri. Of those opting for additional study, more than 70 percent remained in Missouri.

Salaries for teaching positions in Missouri increased over \$1,000, making Missouri more competitive with neighboring states.

New candidates accepting secondary teaching positions for the 1983-84 academic year averaged \$13,026 in Missouri and \$13,260 outside the state for a difference of only \$234. During the 1982-83 academic year, Missouri's secondary teachers had average salaries of \$11,842, a

figure \$1,582 lower than those from out of state.

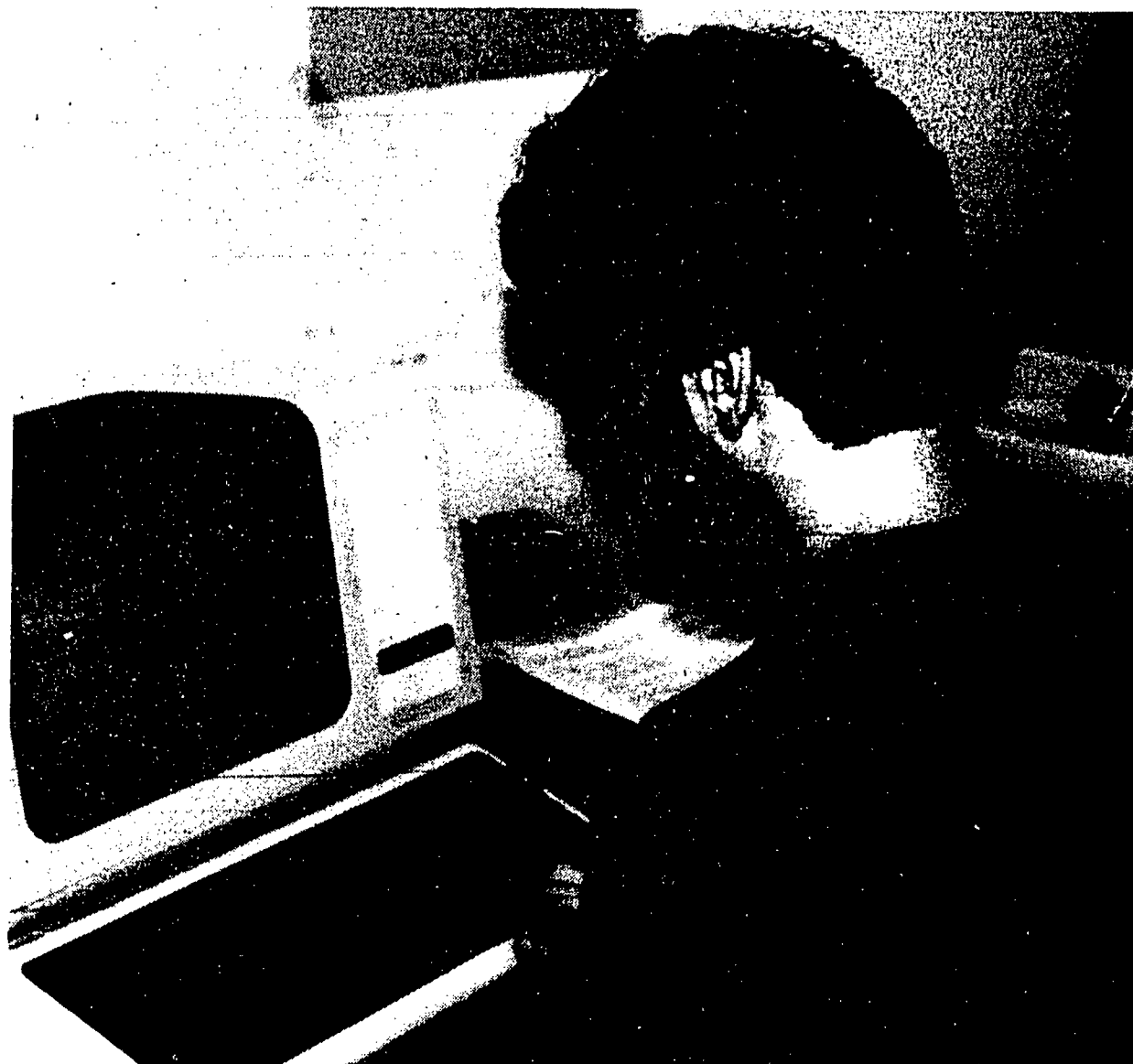
In elementary education, starting salaries in Missouri averaged \$11,132, more than \$1,000 better than last year's average.

In his report Silliman states; "These salaries are significant since Missouri salaries have lagged far behind other states in recent years. Increased salaries for teachers indicate how Proposition C has helped teachers in Missouri."

Business and industry salaries for university graduates who stay in Missouri still are not competitive with out of state salaries, according to the report. "Unfortunately, the average starting salary in business and industry for our new graduates going to work in Missouri is about 10 percent lower than those who went to work out of state."

New candidates entering business and industry averaged a salary of \$14,931, with \$28,000 being the high and \$9,000 the low.

During the 1982-83 academic year, Northwest graduated 722 persons with bachelor's degrees, 196 with master's degrees, and 16 with the educational specialist degree.



SOCIETY IS BECOMING increasingly dependent on computers. At NWMSU, a computer program has been designed to help students study in biology and genetics classes. The program is called CARET, and was designed by Dr. Richard Hart. [Missourian photo/Dan Bohlken]

Hart designs CARET system

BY TODD BEHREND
Guest Writer

Dr. Richard Hart is taking the guess work out of testing for his biology and genetics students at Northwest.

Hart, a professor of biology at Northwest since 1962, has devised a testing system for biology and genetics students entitled CARE (Computer Assisted Review and Evaluation). CARE has taken Dr. Hart three years to devise and perfect.

CARE and CARET (Computer Assisted Review and Evaluation Test) are available to all biology and genetics students throughout the semester and provide students with questions from their textbooks, class lectures and films in a practice test form. The students may take the test on the computer terminal or may use the computer printer to provide themselves with a copy of the test to take home with them to do later.

"The program uses a 'crossword puzzle' approach," says Dr. Hart. "The computer offers hints to the students by first providing them with the number of letters in the answer. The computer will give three separate letter hints and after the third hint the

computer will provide the student with the correct answer and proceed to the next question."

Dr. Hart says he devised CARE and CARET for the students who are in the lower part of the grading structure, but he has found the systems provide all the students a sense of direction.

"The students know where they are at all times," says Dr. Hart. "For the good student, this is the easiest form of class there is. For the poorer students, it gives them a sense of direction. It allows them to find out where the problem areas are. It encourages scholarship and rewards it immediately as well as giving the students weekly reports."

In addition, he says, judgement gained by taking the tests is as important as memorizing the answers.

"Students who are just memorizing the answers aren't doing as well. Many people who are doing poorly can't distinguish between faulty recall and guessing. Memorizing the answers to a test is nonsense. It is only good for 48 hours," Hart said.

"In addition, every 24 hours you lose one-half of this type of knowledge you tried so hard to gain. There is no retention. The students need to relate the information to

make it stick. We want students to know why a given choice is the answer, that is what is important to us as faculty," Hart said.

Dr. Hart's biology and genetics tests are indicative of his words. On his class tests, if a student answers a question correctly he will get one point correct. If a student answers incorrectly, it is a minus one point. However, if the students don't answer the question, either because they don't know the correct answer or feel the question is unfair, they get no points correct.

"If the class discriminates the difference between what they know or don't know on the test questions, those questions the class states are unfair are thrown out," said Hart.

As a result, he must take the raw score and adjust it to remove any teacher biases. He said, "This is the fairest and most honest scoring scheme that I know of."

The CARE and CARET systems are not totally free of bugs, as Hart often finds problems with the system and has to spend extra hours outside of teaching, working to perfect it. However, once the system is perfected he says he hopes to get his free time back.



JIM HESTON AND Steve Booten will be on stage as 'Donkey' in Alpha Psi Omega's presentation of "The Bremen Town Musicians," to be presented on

Dec. 10 at 7 p.m. and Dec. 11 at 2 p.m. in the Charles Johnson Theatre. Proceeds will go to the Daily Forum Christmas Fund.

Musicals to entertain students this season

Northwest students will bring Christmas to audiences this season. Two productions are being offered, "The Bremen Town Musicians" on Dec. 10 and Dec. 11 and the Madrigal "Yuletide Feast" to be Dec. 9 and Dec. 10. "The Bremen Town Musicians" is a musical comedy for children's theater and will be presented Dec. 10 at 7 p.m. and Dec. 11 at 2 p.m. in the Charles Johnson Theatre.

The Alpha Psi Omega honorary theatre society is presenting "The Bremen Town Musicians." Proceeds from the performances will go to the Maryville Daily Forum Christmas Fund to help needy families in Nodaway County.

The production will be going on tour to area schools and businesses. For more information concerning tickets or tour dates, contact Dr. Theo Ross at (816) 562-1171.

The Yuletide Feast is nearly sold out, but a few tickets are still available for the Saturday night performance, Dec. 10. The Feast will be presented in the Student Union Ballroom and is sponsored by the Northwest department of music and the Campus Activity Programmers.

Tickets can be purchased for \$9.50 at the Fine Arts Building, and include an evening of entertainment and meal in the old English tradition. For more information, call 563-1325.

Northwest closes down for the holidays

Christmas break marks the end of the semester for Northwest students. Next week is finals week and the schedule for finals is reprinted again on page 3 of the Missourian.

Dorms will be closing down at 8:00 p.m., Dec. 16 and will reopen at 8:00 a.m., Jan. 12. The North and South Complex will be open during that time for students who are unable to go home, said Bruce Wake director of student housing.

"If student have problems being out during the break, they should take to their hall director and make arrangements," said Wake.

Wake reminds students to take precautions before leaving for home. "Those students who will be coming back next semester need to make sure their heating is still on in their room," he said. "Make sure windows are closed and appliances are unplugged. Any plants or goldfish

should be taken with you."

Students registering for the spring semester will be able to do so Thursday, Friday, and Saturday, Jan. 12, 13 and 14. Classes will begin January 16.

Students who work on campus should pick up payroll checks on Dec. 16. Those leaving before that date should leave a stamped self-addressed envelope at the Cashiering office before they leave.

STRESS: Students face pressures

BY TERESA SCHUELKE
Missourian Staff writer

Students are experiencing a great deal more stress than ever before, according to Dave Sunberg, director of the campus counseling center.

College students today are faced with many types of stress, Sunberg said. There is pressure for students to develop social skills and deal with peers and adults.

"Students are expected to become adults overnight," said Sunberg.

Intellectual and physical competency may bring stress. Intellectual stress includes academic stress.

Sunberg said students may feel intellectually incompetent when they find that their educational backgrounds do not measure up to college standards.

Freshmen often experience an underlying feeling of not being quite smart enough to go to college," said Dr. Ben Hughes, assistant professor of psychology.

Students feel financial pressure. Some students go to school fulltime

and hold down a job to help pay expenses.

Students may feel stress because of the development of their own ethical code or values to live by, says Sunberg.

"This is the time most students establish independence from their family. They become responsible for oneself," said Sunberg. "At the same time, there are demands from others—teachers, parents, friends."

Dave Rocky, a counselor at the center, said, "I think most stress is related to changes that are going on in a person's life. Any change enhances the probability of a person experiencing stress. This could include leaving home, break-up of a romance, changes in courses, roommates or at home."

Students react to stress in different ways, said Rocky. Some students develop physical symptoms.

"The student may experience weight loss, sleeplessness, increased cigarette, alcohol or drug use, irritability, anxiety, emotionality, lack of concentration, inability to get

anything done and somatic complaints," said Rocky.

Dr. Hughes said he has observed stress manifesting itself two ways in students; they experience an anxiety reaction or depression.

"In the anxiety reaction, students tend to externalize," said Dr. Hughes. "They have a feeling of not being able to control events. They're uncertain about the future. They may procrastinate. Some may develop a phobia or a compulsion at worst. Some students bring on anxiety by over-extending themselves in activities."

"Depression is an internalized stress," said Dr. Hughes. "Students begin closing into themselves or withdrawing from activities. Some may consider suicide."

Since a student's life evolves around the college campus, this time of the year becomes especially stressful.

"Typically you'll find students are under the most pressure around mid-

Continued on Page 6

The magic of Christmas at Horace Mann

BY KIM POTTS
Missourian Staff writer

With the recent snowfall, many students will reminisce about the good ole' days. It was so much fun being a kid and playing outside as much as possible, because snow doesn't last forever. A better time though was when it was getting close to Christmas. Snow made you think of St. Nick and all the magic that surrounds him.

On campus this week there may be a lot of secret Santa's running around for the college-goers, but to Horace Mann Elementary students, the spirit and excitement of Christmas still lives.

To many four-year-olds, such as Melinda Watkins and Matthew Felton, Christmas means that being good is an important aspect to consider if you want Santa Claus to come see you.

Second graders, Andrea Smith and

Jared Butler didn't care so much that Santa was going to come, but worried more about all the presents they were going to get and the big Christmas dinner they were going to eat. Adding to the excitement is the Christmas program they are going to present Dec. 16.

Amy Jones and Laura Girard, fifth graders at Horace Mann thought a little differently about Christmas. They were excited about getting gifts and eating a big dinner but it is equally exciting to see their relatives, decorate the tree and seeing all the Christmas lights around town. There is, of course, that always endless hope for snow.

At Northwest, Christmas is a time for caroling, sneaking around with presents for that favorite person, knowing that finals will soon be over and enjoying that well-needed break, but the students at Horace Mann are enjoying the best part -- the magic that makes Christmas special.



To many children at Horace Mann, being good is an important aspect to consider if they want Santa Claus to come visit them on Christmas Eve. (Missourian Photo/Kim Potts).

Around The Tower

CHRISTMAS PROGRAM: The Theater Department will present "The Bremen Town Musicians," a delightful Christmas show for children. Performance dates are Dec. 10 at 7 p.m. and Dec. 11 at 2 p.m. in the Charles Johnson Theater. All donations and proceeds will go to the Daily Forum Christmas Fund. The performance is also available for private showings. Call 1171 for more information.

SPRING RUSH: Spring sorority rush sign-up begins Dec. 5-9 between 11 a.m. and 1 p.m. at the information booth in the Student Union.

MISSOURIAN: For all people interested in working on the Missourian, there will be a paper published the first week of classes in January. Please stop by for assignments.

CHOIR CAROLS: A Ceremony of Lessons and Carols for Advent will be sung by the Abbey Boy's Choir on Dec. 11 at 3:30 p.m. in the Abbey Basilica, Conception, Mo. The abbey is located 17 miles east of Maryville on Highway 136.

FOOD DRIVE: Harambee is sponsoring a Christmas charity drive to help needy families. Boxes are positioned at the main desks of the dormitories. Please be generous and donate a canned good. Release some of that Christmas spirit, it will make you feel good and it will be deeply appreciated.

UNIVERSITY CINEMA: University Cinema presents "Easy Money" starring Rodney Dangerfield, tonight through Saturday at 7:30 p.m.

Writer experiences mixed reactions as 1983 comes to a close

BY CURT FLOERCHINGER
Missourian Staff writer

Each year brings us toward impending doom. From the moment we are conceived, we begin to die. For some, the process is brief, for others, long and arduous. Some people approach each new year with a hopeful gleam in their eye, anxiously awaiting the excitement of attacking each new problem, nearing each new goal. These people are what psychologists call "stable." In layman's terms, they are "idiots."

Others choose to trundle through the year in a murky cloud of oblivion, ignoring each new problem, setting no new goals. They spend their few waking hours in bars, or immerse themselves in projects such as sticking torn-up bits of toilet paper in. Homecoming floats. They tell

themselves they are happy and content, that everything is fine. They are not idiots. They are quitters and morons, respectively.

There are only 525,600 minutes in a year. The heart beats 72 times each of those minutes. That means that in 1983, your heart beat almost 38 million times, more if you smoke too much or are overly promiscuous, in which case you are lucky to have been here for 1983. A lot of people weren't.

Construction of that monument to styrofoam, sitting like a lonely white elephant on the edge of campus, the Performing Arts Center, was halted due to lack of funding. Only a few lights, curtains, stagelift and intercoms are needed to complete the thing. Maybe next year. Maybe.

Many campus buildings were named during 1983. The second floor of the Ad building was named the Frank

Deerwester Hall of Honors, after our first president. The tennis courts were dubbed Frank Grube Courts after the first tennis coach. And the regents considered calling the new library John Harr Library, the Regents Library, and one other.

Although many people were embarrassed or enraged by the final choice, the era of good feeling so rampant in 1983 prohibited anyone from saying anything to the man himself.

In an interview which ran in the Missourian both Jan. 28 and, by popular demand, was rerun Feb. 4, Dr. B.D. Owens said, "I wasn't seeking the presidency at the time, until someone asked me." Owens said he looks at his service to the university as partial payment for what Northwest offered him as a student.

Looking back on 1983, I can only hope that I, too, may someday return

and pay them back for what they did for me.

During spring break of 1983, the library was moved from Wells Learning Center to the B.D. Owens Library, to make room for construction crews turning Wells into a communication center.

Wells is aptly named. The \$447,000 originally appropriated to the project was not nearly enough.

"There's a big problem with the heating and air conditioning systems," said Steve Easton, director for technical services. "It seems the basement floods due to the aged

equipment now present in the building." That is where all the expensive electronic equipment will be in the future.

Although the paper confronted many problems in 1983, 1984 will be better. The first floor of Wells will house a group therapy room and a soundproof booth, to which staffers can wade after watching many of their best friends shocked to death when the electronic typesetter shorts out.

1983 was a year of change. For instance, did you know that 280 million tons of topsoil eroded from the four

state area in 1983? At this rate, within 150 years, the Show Me state may someday be saying, "Show me the road to Mexico," because that's where it's all going.

It is hard to fathom the fact another year is coming to a close. Faster and faster, the flashing orb of progress rolls nearer. It is overshadowing us now. Someday, it will roll us over and smash us into tiny bits of useless energy and scatter us into the dull void looking for something to do on Saturday night. It looks like the future will be much like the past.

Students gain practical job skills

BY TODD BEHREND
Staff Writer

Twenty university students this fall have been gaining on-the-job experience within the internship programs at Northwest.

The students are involved in areas ranging from mass communications to home economics. The interns received academic credit while learning current skills in professional settings.

Included in the list of student interns for the 1983 fall semester are:

Mass Communications: Greg Baker at Maryville Chamber of Com-

merce; Mary Aguilar at Maryville's McDonald's Restaurant; Marnita Hein at Northwest Missouri State University Public Relations; Todd Behrends at Northwest Missouri State University News and Sports Information office.

Agriculture: John Owens at Peavey Commodities, Maryville.

Government: Deanne Huffaker at U.S. Justice Department, Washington D.C.; Kevin Baker at Maryville City Hall.

Management: Shelly Craig at Uniroyal Company, Red Oak, Iowa; Tami Kisky at Maryville Typewriter

Exchange; Kevin Miles at Don Hall, Inc., Mound City; Gary Sullivan at St. Francis Hospital; Monica Olinger at Pepsi Cola Co., Kansas City; Lori Filby at GMAC, Kansas City; Douglas Herrold at Union Carbide, Maryville; Katherine Schutz at Union Carbide, Maryville; Kent Peterson at Howell Moldings, Kansas City; Larry Vawter at Hy-Vee Food Store, Maryville; John Leek at Digital Equipment, Kansas City; Michael Brown at Hamilton Missouri Bank.

Home Economics: Sally Hogle at Northwest Area Agency on Aging, Albany.

CLASSIFIEDS!

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Extended hours at Textbook Service during finals week. Mon. through Thurs. 8 a.m. to 8 p.m. Friday 8 a.m. to 5:30 p.m., Sat. 9 a.m. to 4 p.m. ALL TEXTBOOKS ARE DUE AT THIS TIME. FINES BEGIN ON MONDAY, DEC. 19, 1983.

LOST A TEXTBOOK? Buying a textbook? Avoid the long lines and come into the Textbook Service before finals week.

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New Apartment for rent (one year old). Call 582-4608. After 3 p.m. Available Dec. 20.

ORGANIZATIONS
Harambee would like to extend their appreciation to all of the organizations who participated in the Midnight Carnival. It was well worth the effort.
Thank you
Harambee Executive Board

PERSONALS

Teeter,
May your days be happy, the nights be bright,
Dear Santa knows your list.
Five guys, two cats, and a case of Coors Lite,
Is there anything that I missed.
Happy birthday Teeter-Totter, we love ya.

Dee,
The membership to the elite group of Porcelain God Worshipers stipulates that becoming a member does not mean an over-indulgence in the worshipping. Have a good 20th. Just think one more year till bar-hopping.
Happy B-day Sweetie. Love ya.

To Mom, Yo Jo, and Christie Brinkley: We made it to the end of the semester guys! Next semester remember: Mom, send money please; Yo Jo, leave the bar flies alone; Christie, isn't it time for our night class?
Dee-bore-ah

Mom,
Thanks in believing in me and the work that I could do. I really appreciate it, more than words could ever say. Don't know what I would have done if we didn't talk sometimes. Let's just say I owe you one. Merry Christmas to you and Lisa. See next year.
Love YO

"East End Girls,"
Merry Christmas to the girls on the east end of Center First. Have a super vacation and stay OUT of trouble.
Love ya,
"Mom"

Linda Tims,
We promise that we won't ski in the front room--we'll check to see that it doesn't snow in there either. Tell Aunt Gertrude not to worry about the tree. Jumpin Jack likes Christmas. Love ya.

MISSING One water fountain. If found please return to McCracken Hall. Jumpin Jack and the staffs of the Missourian and Tower are getting quite thirsty.

EVEN STRAIGHT A'S CAN'T HELP IF YOU FLUNK TUITION.

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Cafeteria food: The right stuff

BY KELLY MCCALL
Guest writer

The United States is credited with making fast food international, but America's other major contribution to world appetites, cafeteria food, should not be overlooked. Millions of people are treated to it daily in schools, hospitals, prisons, military bases and any other place large groups of people are confined. It is especially popular among adventurous types, those who enjoy surprises, and the makers of Alka-Seltzer.

The qualities of cafeteria food make it so unique and, no doubt, are responsible for its mass appeal. Institutional food is durable, much more than ordinary food. Carrot sticks remain as crispy and orange on Friday as they were on Monday. Apple halves do not turn a funny brown or shrivel up when abandoned on the dessert counter for day.

Hospitals are very fond of this aspect and are putting it to good use. They have perfected Jello. It will not melt. Incredibly this is true. I was once personally involved with a translucent red sharp cornered, square of strawberry Jello. It arrived on a luncheon tray one afternoon when I was not particularly hungry. Inadvertently, the quivering block was set on an overworked television in direct August sunlight. Ordinary Jello would have wilted, but not industrial strength hospital Jello! It did not even break into a sweat and kept sharp corners for three days. The Jello might have lasted forever, but on the fourth day an alert orderly snatched it from its perch on top of the television. Someday hospitals will be able to put the same durability into their patients.

Another impressive quality cafeteria food has is the endless array of colors it is available in. Public schools really take advantage of this.

Their vegetables are intense: fluorescent green peas; bright yellow corn; and beets that are red around the edges and darken to a deep maroon in the center. Main dishes are also available in a wide range of colors. Beef comes in two, runny pink or charcoal black. Red tomato sauce is dumped in gigantic casseroles to cheer up slightly yellowed noodles.

Dessert is where colors are used most effectively. Red, green, orange and yellow Jello cubes are mixed together creating a stained glass window effect. They are also served individually, topped lovingly with a squirt of Lucky Whip. The spectrum of Jello is balanced carefully by chocolate cake with a sticky marshmallow topping. The cake is placed next to luminous lemon meringue pies. The pudding is done in earth tones: muddy brown, pale yellow, and a color resembling the 'raw umber' Crayola crayon that no one ever uses.

Cafeterias use exclusive cooking techniques and their food reflects this. Nowhere else can you find food prepared in such a manner. Everything has an intriguing taste. This is probably done to make the recipes extremely difficult to steal. This precaution is relatively unnecessary because the cooking style must take years to master.

Cafeterias have great atmosphere. Everything in them shines. Plates, silverware and glasses sparkle, and the food does too.

The atmosphere inspires a camaraderie among cafeteria patrons. They like to play games with the food. Games like 'guess what this is' and 'construction with salt and pepper shakers' are popular. Probably the most well-liked and widespread cafeteria game is 'lets kill it.' The food is mashed, smashed, sawed in two, beaten together, and generally pulverized. Eating in a cafeteria is fun.

Stroller's letter to Santa

Dear Santa,

Because I am the oldest tradition on campus, the students of Northwest have asked me to write this letter to you. Besides, I'm the only one who has your winter vacation address in Miami.

Santa, the students here have been good for the most part. I know there are times when they stay out too late or come back to the dorm in worse shape than when they left, but they haven't caused a lot of serious trouble. So, I am sending you their Christmas list. I realize that some of the things won't fit in a stocking or under the tree. I also realize that you may not be able to deliver it via the chimney. In these instances, may I suggest sending it United Parcel?

To start off, we could use that bond issue passed. I don't know how many elves you have moonlighting in the legislature, but I would really appreciate any pull you have. Maybe you could leave an extra toy in Gov. Bond's stocking.

Anyway, Santa, we have a lot of students who would love to be moved into those buildings. The theatre department swears they could go Broadway if the Performing Arts Center was done. The School of Communication would like to move everything into Wells Hall. The Broadcast Barn is getting pretty crowded. We also need all-around repairs.

The students would like you to ask Mrs. Claus to send some of her favorite recipes to ARA. Seeing what great shape you're in, they figure she must be cooking something right. They're getting tired of the same old thing.

A good friend of mine, Bobby Bearcat, would like some new clothes. He's been wearing the same old shirt for years now in his Union office. I've always been curious about what he would look like in something other than green and white. A blue oxford shirt would be nice. He's been dying to go preppy.

Santa, Campus Security has been very busy this year with tickets and all. They really can use some new ballpoint pens to write tickets with next semester.

Now there are my pals at the *Missourian*. Santa, give them a good staff next semester. If there's any possible way, a new typesetter would be just great.

Teddy would like the new exercise book, *101 New Positions for Yoga*. And I will be easy on you since all of this is a rather tall order. I would be happy with a decent report card and a gift certificate from Goodrich Dairy.

I hope you can fill this, Santa. May the holiday season bring you all the health, wealth and happiness you desire. If not, buy aspirin and Kleenex, a Monopoly game and the Joan Rivers album.

Your Buddy,
Stroller

Christmas traditions around the world

BY TIM KALLHOFF
Missourian Staff writer

The traditions of Christmas vary around the world; many of the traditions Americans observe come from Europe, the far East, Central America, South American and Africa. Christmas is a time of joy and celebration, but the way some countries celebrate this holiday and their customs may be surprising.

Christmas has been celebrated for many years in some countries, and yet, in other countries what the United States considers Christmas is a new custom. It is said that the specific date of Dec. 25 as the official Christmas date was not chosen until 350 A.D. The holiday was celebrated as early as 98 A.D., but not on that date.

The pagans also celebrated at this time of year. The Christian celebration was for the joy of a good harvest and a religious observance of Christ's birth, which involved drinking and eating. Yet, the pagans also celebrated; they celebrated the birth of the sun, which followed the tradition of drinking and eating.

In England, Christmas is said to have been first celebrated in 521 A.D. This was actually to commemorate the retaking of York. King Arthur celebrated with a huge feast and honored the heroes of the battle. Some in England still see Christmas as a time to celebrate this battle.

When the settlers came to the United States the tradition was brought with them. The Puritans were against the celebration of Christmas, they thought the nativity scenes were a disgrace to God and laws were passed to forbid the celebration of Christmas. As more varied religious groups formed, this law was repealed.

In Austria, Christmas is a legal holiday on Dec. 25 and 26, and considered the most important holiday of the year. Austria's best-known Christmas tradition is the song *Silent Night! Holy Night!*

The Santa Claus known in America is not known in Austria, instead they have Saint Nicholas' Day on Dec. 6. St. Nicholas appears with the devil by his side. If children are bad the devil chases them away and children are good St. Nicholas gives them fruits and nuts.

In Belgium, all the children look toward Christmas as a time for Christmas processions which wind their way through the streets of each town. There is a custom of bell-ringing by all the churches and bands play joyous music. In each church it is common for the congregation to put on lavish plays about the season.

France also celebrates Christmas on Dec. 6 as St. Nicholas Day, but it is not a legal holiday as it is in Austria. The day is marked by religious services and family dinners. The French also decorate trees with tinsel, bulbs or candles.

In Czechoslovakia, the Christmas celebration starts on Dec. 6 and ends on Jan. 6 which is the Feast of the Three Kings. St. Nichols comes out of the sky with the devil waiting on the ground. When the children hear St. Nichols coming they run and pray to let him know they have been good. St. Nichols brings toys for the good children and the devil is ready with a switch for those who have been bad.

Germany is the land of the Christmas trees and Christmas toys. It is customary to make something for the person you love best and give them the gift from their heart. Christmas is more of a family time for Germans, the entire family is involved in the celebrations and the preparations.

In Germany the children receive gifts from the "Christkind" who is dressed in a white robe lined with gold trim. A second Christmas is held on Dec. 25 when a new tree is bought and decorated. This is the religious celebration of Christmas.

England is known as the merriest country at Christmastime. This is the land known for plum pudding, the Christmas carol and Christmas cards-the custom of sending Christmas cards began there in the 1840s. On Christmas Eve, the children hang up their stockings on the fireplace so Father Christmas will fill them with fruits and nuts. Then the parents decorate the trees after the children are in bed.

In Greece, Christmas is a minor holiday and Easter is a big celebration. Traditionally, boys sing Christmas carols around their neighborhood, while girls help their mother prepare dinner. The family usually stays up all night to prepare all the foods and goes to church at 4 a.m. This is a time to give thanks; there are no Christmas trees and no presents are exchanged.

Russia celebrates Christmas in a more secluded way. Families fast on Christmas Eve so they can remember what Jesus did for them. The Christmas tree is common in most areas, but is now often called the "New Year" tree. The Russian's version of Santa Claus is called Grandfather Frost.

In Switzerland the Swiss Yuletide is very quiet and a very private day for the family and is celebrated on December 25. The day after Christmas is St. Stephen's Day, also a solemn day. The snow-covered Alps bring a romantic feeling at Christmas. Santa Claus visits the children on a sleigh full of trees, nuts, fruits and presents drawn by six reindeer.

Costa Rica has a different approach to the celebration of the Nativity. In this country a room of the house is set up with the nativity scene and people go from house to house to observe the decorated rooms of their friends and relatives. While the Christ child is the traditional person who gives gifts to the children, recently the American Santa Claus has become increasingly popular.

In Brazil we see another different approach to Christmas. The season of Christmas falls in the middle of the summer. The celebrations consist of fireworks, picnics, boating excursions and open-air festivals lasting from Dec. 24 to Jan. 6. Young people also like Christmas because it follows the final exams at the end of the school year. Here Santa Claus is known as Papa Noel. Brazilian fathers decorate the tree and when the mother announces on Christmas morning that "Daddy is here, children," the children know that Christmas has officially begun.

In Liberia, Africa, Christmas is celebrated with an oil palm tree which is decorated with red bells.

Many customs and traditions have developed over the years. Other countries celebrate what they see as the best life in the world. Although their customs differ, the season is always a time of joy and celebration.

On the Campus Beat

Seven join Delta Psi Kappa

Seven Northwest students have been accepted as members of the Delta Psi Kappa physical education honors fraternity. The new members are Myron Bartlett, Mark Brommel, Chuck Henderson, Tracy Leinen, Kevin O'Neal, Marla Sapp, and Nancy Suddarth.

Kensington-Imes Scholarship to Douglas Smith

The Northwest student Accounting Society has presented the annual Kensington-Imes Scholarship to Douglas Smith. The scholarship of \$100 is named for two former members of the University's School of Business and Government faculty and is based upon the recipient's excellence in scholarship. Smith, a May candidate for graduation from Northwest, is an accounting major.

Editorial Policy

The Northwest Missourian is a student publication of Northwest Missouri State University.

Editorial content is determined by the Northwest Missourian staff and staff articles, individual columns, cartoons and reader opinions reflect the opinions of the authors and not necessarily those of the Northwest Missourian or the university.

The Northwest Missourian provides an open forum for discussion on any topic. Letters to the editor must be signed with the author's full name, address and telephone number for verification. The author's name may be withheld at the writer's request. Letters to the editor may be sent to McCracken Hall in care of the Northwest Missourian.

The Northwest Missourian reserves the right to shorten or edit any letter as a result of space limitations or libelous content.

Advertisements appearing in this newspaper do not constitute an endorsement of the goods or services of businesses by the Northwest Missourian or the university.

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Final Exam Schedule

FALL SEMESTER 1983-84

Final Exams begin at 7:30 a.m., December 12 and end at 6:00 p.m. December 16.

Classes meeting for the first time in the week:	Date and hour of final examination:
9:00 Tuesday.....	Monday, December 12, 7:30 a.m.
11:00 Monday.....	10:00 a.m.
2:00 Monday.....	1:00 p.m.
9:00 Monday.....	3:30 p.m.
Speech 102.....	7:00 p.m.
3:00 Tuesday.....	Tuesday, December 13, 7:30 a.m.
3:00 Monday.....	10:00 a.m.
Political Science 102.....	1:00 p.m.
12:00 Monday.....	3:30 p.m.
Accounting 101,102,306.....	7:00 p.m.
10:00 Monday.....	Wednesday, December 14, 7:30 a.m.
8:00 Monday.....	10:00 a.m.
1:00 Monday.....	1:00 p.m.
12:00 Tuesday.....	3:30 p.m.
History 155.....	7:00 p.m.
Chemistry 113,115,117.....	Thursday, December 15, 7:30 a.m.
8:00 Tuesday.....	10:00 a.m.
4:00 Tuesday.....	1:00 p.m.
10:00 Tuesday.....	3:30 p.m.
Biology 102.....	7:00 p.m.
11:00 Tuesday.....	Friday, December 16, 7:30 a.m.
1:00 Tuesday.....	10:00 a.m.
2:00 Tuesday.....	1:00 p.m.
4:00 Monday.....	3:30 p.m.

FINAL EXAMINATIONS FOR NIGHT CLASSES WILL BE GIVEN AT THE REGULAR CLASS TIME DURING FINAL EXAMINATION WEEK.

NOTE: ALL SECTIONS OF

Biology 102.....	December 15, 7:00 p.m.
Accounting 101,102, 306.....	December 13, 7:00 p.m.
Political Science 102.....	December 13, 1:00 p.m.
Speech 102.....	December 12, 7:00 p.m.
Chemistry 113,115,117.....	December 15, 7:30 a.m.
History 155.....	December 14, 7:00 p.m.



The campus and the community joined together Sunday for a "Sing-Along" performance of Handel's Messiah in the Charles Johnson Theater. The Northwest Tower Choir and University Choral prepared the work and several audience members tested their sight-reading ability by joining

in. The university choirs are directed by Byron Mitchell. Solos for the work were presented by Mark Adcock, Greg Gesaman, Sarah Ernst, Jill Redden, Deena Knorr, Laurie Engle, Penny Talbott, John Standerford, Mark Stevens, Judy Rentle and Jackie Byrum. (Missourian photo/Karla Miller)

Homemade wine perfect for holiday 'spirits'

By Helen Leeper
Guest writer

If you've ever had a fantasy about playing God, then winemaking may be just your 'cup of cabernet'...especially in the Christmas season.

"There's a metaphor in it all," said Dr. Carol Fry, a Northwest English professor and home-brewed wine connoisseur. "You see, you create your own sterile world with no diseases - that is, you sterilize the juice of the fruit you wish to ferment. Then you introduce life, your Adam and Eve -- that's the yeast. The introduction of sugar to the mixture becomes the Original Sin and as the yeast feeds on it, it becomes fruitful and multiplies. As the yeast multiplies, they release carbon dioxide gas and excrete an amount of alcohol exact in proportion to the amount of sugar consumed."

And there you have it according to Fry. It's your own corked-up version of the creation theory.

Fry was first introduced to the art of producing this gastronomic sense tickler in the 1960s by a friend whom Fry described as "being into natural stuff."

"He was always pushing some new concoction of his at me, like rhubarb wine or something," he said.

Fry's first attempt at his own brew came after returning from a bountiful day of berry picking in Minnesota.

"There are a lot of blackberries that just grow wild along the roads in Minnesota. So, I went picking and came back with much more than we could ever consume. That's when I remembered my friend and his winemaking and decided to try it myself."

Fry admitted that his first batch came out overly sweet, but after some measuring and 'watering down,' the brew came out just right.

"After that, I branched out and experimented with different fruits and what not," he said. "I don't

make as much anymore. Just enough for home consumption."

If you choose to try this process and make your own 'nectar of the gods,' the first step is to boil the berries or fruit that you wish to ferment.

"It's to get all the wild things out, you know. I give them about 20 minutes to evacuate and then it's in the pot," Fry said.

After the berries are cleaned and boiled, the softened fruit is mashed to obtain the juice. The juice is then placed in what is known to the winemaking populous as the primary fermenter.

"A lot of people have some pretty fancy containers, but for me, the primary fermenter is just a big plastic garbage can with a lid," Fry said. "You can use just about anything as long as it has a lid. Maybe a big pickle container covered with cheese cloth. The lid's a necessity or you'll end up with fruit flies."

The next step is to add sugar. The amount is determined by the use of an instrument known as a hydrometer. This is a glass jar-like structure containing a float with scales. A sugared juice sample is placed in the hydrometer and a scale on the float measures the potential alcohol content by the amount of sugar in the juice.

For a dry wine, that is, a wine which is not sweet, the hydrometer should measure about 12 percent. That amount of sugar is just enough for the yeast to consume all of its environment and then die, leaving the alcohol.

If you prefer a sweeter wine, then you simply add enough sugar for the hydrometer to measure 16 percent. That way the yeast over multiplies causing it to pollute its own environment and die.

Fry explained that the yeast is introduced into the mixture after the addition of the sugar. The yeast then rapidly consumes the sugar transforming the juice into alcohol and exuding carbon dioxide gas.

"There's a lot of foam, so having a big container is pretty important," he said. "My whole house smells like a brewery at this stage. Some people find it offensive, but I kind of like it."

Fry added that the brewer's yeast and hydrometer may be obtained from winemaker's supplier. The best and cheapest yeast, he said, comes from Simplex, a Minnesota supplier. There is also a supplier in the Kansas City area.

"You can use baker's yeast but sometimes it's pretty unreliable. It doesn't always grow so well," he said.

After fermentation, a process taking ten days to two weeks, depending on factors like temperature, humidity, etc., the wine is strained from the primary fermenter and placed in jugs.

"You can use glass jugs or a plastic milk carton is just fine," Fry said. "Then you place a balloon or a water seal (a tubular contraption that captures the gas) on the jug. If you want to keep the wine for awhile, you'll want to be careful about letting air in the jugs at this stage. But, if you're going to drink it pretty soon, you don't have to be that choosy."

The juice is then allowed to stand in the jug about one month. At the end of that period, the balloon on the mouth of the jug will have contracted and you are ready to rack the wine.

In this step, a siphoning tube is placed in the jug and held just about the dead yeast, called sludge, that has accumulated at the bottom. After the juice is siphoned out, leaving the sludge, and it is clear and suits your taste, you may bottle it.

"You can kill any remaining yeast with a carboic acid powder that you mix in the juice and then you can bottle it," Fry said. "If you don't have any chemicals to kill the yeast then you can let it set for about two months."

If the wine isn't sweet enough to suit your taste, then sugar may be ad-

ded and the wine placed back into the cleaned jug until it reaches the desired sweetness.

The final step is the corking of the bottle, after your concoction has been found to suit your palette.

"A cheap corker can also be purchased from a winemaker's supplier for \$5 to \$6," Fry said. At this point, you may choose to let your wine age, although not all wines become markedly better as they grow older.

"All wines improve some with age, but some you just can't note a difference," he said. "Elderberry wine improves some, apple won't and with raspberry, you really can't tell the difference. Even white grape wine is as good as it will be after about six months."

Fry also produces his own private stock of beer, but he admits that his favorite creation is mead, a wine made from honey.

"It's very difficult because there's something in honey that resists fermentation. It's a slow process and always challenging," he said.

The production process is the same for beer- and mead-making as it is for producing a berry wine, so the beginning 'alcohol chef' has a variety of bases to choose from.

Fry added that he has considered starting a small commercial winery, but he mainly enjoys winemaking as an "interesting hobby."

Winemaking seems an enjoyable and possibly profitable activity for anyone interested in creating their own 'bottles of bubbly.' With a minimum of equipment and cost, a person can be brewing in no time. So, to the potential wine stock producer, Bon Apertif!

An Abbey Christmas

BY KIMBAL MOTHERSHEAD
Missourian Advertising Manager

What will you do on Christmas Eve? Party? Participate in family gatherings? Or carol with friends?

People from different communities and towns and of varying religious backgrounds go to Mass at the Conception Abbey, for the Abbey precludes Christmas in a manner only the Abbey can. The Abbey is located near Conception, Mo.

In 1873, Fathers Frowin Conrad and Adelhelm Oedermt came from Engelberg Abbey in Switzerland to set up what is now 110 years of tradition of their devotion to God in a new monastery in America.

Conception Abbey is set in a Romanesque style especially seen in the rounded arches, apse, the vaulted ceiling and limited window space. There is a large amount symbolism in the architecture and paintings. The paintings in the basilica are fresco secco (oil paint applied to dry plaster) in the Beuronese style. This style is a mixture of Egyptian, Grecian and Medieval European art.

When the Abby is decorated for Christmas Eve Mass with its candles and a few shrubberies, it brings a tranquility and peace to the mind and soul.

"Christmas is preparing our minds, our hearts, our souls."

Conception Abbey prepares for Christmas through the weeks of Advent.

"Christmas is the celebration of the coming of the Lord. We celebrate him historically, daily, in grace which all leads up to prepare us for his final appearance at the end of time, whenever that will be," said Father Joel Derks, who is a member of the Benedictine Order.

The actual celebration begins Dec. 24 with the decoration of the church with candles and the preparation of the crib. But Christmas is not celebrated during Advent.

Father Joel views Christmas as a spiritual time to prepare for the ultimate coming of the Lord.

"It would bother me to me to go into town and hear Christmas music," said Father Joel. "This is not Christmas. Christmas is preparing our minds, our hearts, our souls."

for the Lord who is to come again to be reborn in us at Christmas."

The main event of Christmas doesn't end Dec. 25. Christmas starts Dec. 24 and last until Jan. 6, like the song, The Twelve Days of Christmas.

The commercial aspect of Christmas often overshadows the real spirit of Christmas. There is more to it than buying, giving and receiving gifts.

"Christmas traditionally is the act of giving and receiving, but the greatest gift we can receive is to stop and think about what Salvation means. The whole implication of eternal life is the best gift," said Father Joel.

According to Father Joel, the Advent Season is the time of year when all the people should think about what they have done, what sins they have committed, how the Lord wants them to change.

"Preparing the way for the Lord in the heart, this is the spiritual part of Christmas."

Preparation for Christmas at the Abbey takes many hours. The students and the staff of the Abbey are all busy as late as the afternoon of Dec. 24 putting on the finishing touches.

Christmas for Father Joel is a time of relaxation, of doing things that he wants to do, not a time to expect so much. He is looking forward to the Christmas break. For 18 days he will have the "students out of my hair," he says jokingly. Father Joel went on to say that he has much respect and admiration for each individual student at the Abbey.

Along with the other Monks, Father Joel will use this time to mainly enjoy the Christmas spirit and to relax. They will spend some time catching up on letter writing, reading, taking walks down to the river, or working on something they enjoy.

Midnight Mass on Christmas Eve at Conception Abbey is a time when all can celebrate the true meaning of Christmas regardless of church denomination. It is a time when the mind may rest from the turmoil of the times and once again mankind can renew its hope.

REMINDER:

Student Payroll Checks For Dec. Will Be Available Dec. 16.

★ If You Will Not Be Here You Need To Leave A Stamped Self Addressed Envelope In The Payroll Office Before Leaving Campus

RUSHEES

If you are interested in pledging a Fraternity next semester the Inter-Fraternity Council cordially invites you to sign-up for rush Jan. 16-19 at the information booth and to attend the fraternity orientation on Weds. Jan. 18 at 7:00 p.m. in the University Ballroom. \$3.00 sign-up fee.

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The women of Sigma Sigma Sigma celebrate Christmas with children in the Head Start program by singing Christmas carols and opening presents. The party was held at the Phi Sigma Epsilon house. (Missourian Photo/Karla Miller).

Greeks busy with holidays

BY MARY ANN MCWILLIAMS
Missourian Staff writer

Twas the week before finals and all over Maryville, the Greeks were busily planning their Christmas activities. There were parties planned, gifts exchanged and carols sung.

The men of Phi Sigma Epsilon and the women of Sigma Sigma Sigma held a Christmas party Dec. 5 for the children of the Head Start program. The event was held at the Phi Sigma Epsilon fraternity house.

Santa Claus made a surprise visit, presenting each child with a special gift and Christmas carols were sung.

"We had fun," said Cheryl Ahlquist, program coordinator for Sigma Sigma Sigma. "These kids don't really get a chance to do much so this is a special opportunity for them."

The Phi Sigma Epsilon men went

out caroling for their neighbors and also sent out Christmas cards to various people.

The men of Delta Sigma Phi drew names of their little sisters for a gift exchange at an annual Christmas party.

Christmas activities at the Tau Kappa Epsilon Fraternity included a party for mentally handicapped children and Christmas caroling to the homes of neighbors. They also held a Christmas party with their little sisters, the Daughters of Diana.

Santa visited the children of Head Start again on Dec. 7, compliments of the Delta Chi Fraternity. The men sponsored a Christmas party with the women of the Delta Zeta for the children. The Delta Chi men also held a gift exchange among themselves, sent out Christmas cards

and had their annual Christmas dinner at the house.

The men of Sigma Tau Gamma went caroling to nursing homes around the community during the week and then held a gift exchange Christmas party.

Keeping with the Christmas spirit, the men of Alpha Kappa Lambda also exchanged gifts with their little sisters, the Kalleys Filleans. The ladies played "secret santas" with the men - choosing an AKL man and leaving him gifts all week.

A Christmas party and gift exchange was also held during the week by the men of Sigma Phi Epsilon. The men and their little sisters, the Golden Hearts, celebrated the holidays and kept in the holiday spirit by using a Christmas theme for their informal initiation party.

How much does the moon actually affect our lives?

By Helen Leeper
Guest writer

"It is the very error of the moon
She comes more near the earth
than she was wont;
And makes me mad;"
-Shakespeare's Othello

"There is a tide in the affairs of
men..."
-Shakespeare's Julius Caesar

William Shakespeare may have been much more accurate than he ever imagined when he wrote these famous lines. In fact, if one examines a sample of literature throughout history, he would find endless

references to the moon and its unusual effects upon the human mind.

For example, Robert Louis Stevenson modeled his "Jekyll and Hyde" character after a real person who was supposedly inspired by moon phases to commit unusual crimes.

While some might overlook such references as mere folklore or superstition, others put great store in the idea that the moon affects many aspects of life on earth.

And why not? Scientific evidence exists to prove that the moon's gravitational pull causes tides in bodies of water so perhaps it is feasible that the earth's organisms are also affected.

Mrs. Audra Williams of Maryville, is a semi-retired beautician and farmwife who advocates the use of moon lore to regulate farm activities as well as in her career as a beautician.

"I'm certain that if the moon can control tides, it can control life forms on the earth too," she smiled. "As a beautician, I've found that many of the older women who come to me choose to have their hair cut by the sign of the moon."

Williams explained that she uses the dates listed in an almanac to determine when to cut hair in order to deter or enhance its growth. "There are dates listed for the moon's strongest and weakest pulls. So, to make the hair grow, one would

want to cut it during the dates listed in the moon's waking stages -- or when it is becoming fuller. The opposite is true if you wish it to grow less, then the cut should be done when the moon is waning or becoming less full," Williams said.

Williams is certainly not the first to use moon phases to schedule activities. However, historical planning by moon phases included some actions far more gruesome than the styling of one's hair.

It was a common practice in nineteenth century Britain to severely beat patients at the infamous Bedlam Mental Hospital before the occurrence of a full moon to prevent irrational behavior. Incidentally, the term "things in bedlam," defined as a state of chaos or uproar, stems from this same source.

Over 200 years ago, British law actually stated a specific difference between insanity and lunacy. Those who were insane were deemed incurably psychotic. However, those afflicted with lunacy were believed to suffer from severe susceptibility to moon phases and therefore were irresponsible for their behavior.

While Williams said that she could not attest to any incidents of unusual responses from farm animals or humans, she did express a belief in using moon signs to determine proper dates for sterilization of livestock.

Studies have also shown that bodily activities like beard growth and body metabolism (the sum of an organism's chemical and physical processes that result in the production of cell energy) increase during a full moon. Perhaps this lent to the enduring legend of the werewolf, since the

increase in metabolism seems to mean increased growth of bodily hair and can trigger irrational behavior in depressed individuals.

While police and fire departments jokingly refer to increases in bizarre behavior as the result of the full moon, there is evidence to support that speculation.

For example, reports from the American Institute of Medical Climatology and from the New York City Bureau of Fire Investigation, show that there are drastic increases in crimes with strong psychotic motivation and an increase in the number of arson cases during the full moon.

In Psychiatric Annals in 1976, Dr. Michael Stone, M.D., noted that cases of manic depressive behavior (a mental disorder marked by alternating periods of depression and excitement) increased in relation to the new and full moon.

One of the most important and fascinating studies was conducted by Dr. Arnold Lieber, M.D. and clinical psychologist Carolyn R. Sherin, Ph.D. from the University of Miami School of Medicine.

By investigating murders committed in Dade County, Florida -- an area known for its accelerated crime rate -- between 1936 and 1970, they discovered that murder rates seemed to peak at the full moon.

They conducted a similar study for the same time period in Cuyahoga County, Ohio (another high crime area) and came up with strikingly correlative results.

"I think that people are becoming more aware of the believability of things like moon phases affecting life

forms," Williams commented. "New studies seem to always be resulting in support of some of these old ideas."

New fields of scientific study have been created in order to discover how the moon might cause bodily changes to occur. Meteor psychology is a new area of research in which factors like weather, wind currents, the moon and other cosmic influences are studied in relation to their possible effects upon organisms.

As the result of such studies, several theories exist that might explain how the moon can cause physiological changes. For example, some scientists believe that the body's electromagnetic field is subject to the moon's gravitational pull. These cyclic changes are believed to cause feelings of tension.

Another theory suggests that because the human body is composed of basically the same elements as the earth itself (80 percent water and 20 percent 'land') each cell could experience a mini-tide causing tension in body cells and, therefore, stress.

It is also believed that gravitational pull may result in the release of certain chemicals within the body.

In any event, it is probably not accurate to say that the moon actually causes madness or a rise in crime rates. However, one could say that it might make them more likely to occur.

Perhaps moon advocates like Williams are more receptive to the atmosphere than the rest of mankind. It may be that the ancients 'had something' when they viewed themselves as cosmic resonators, susceptible to the influence of the universe.

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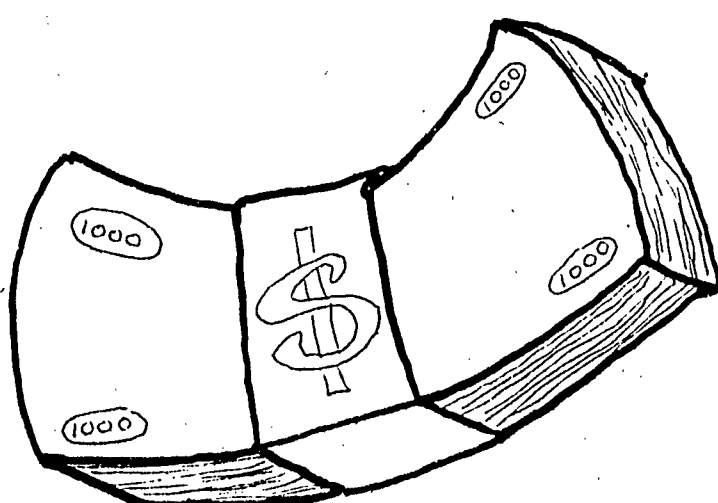
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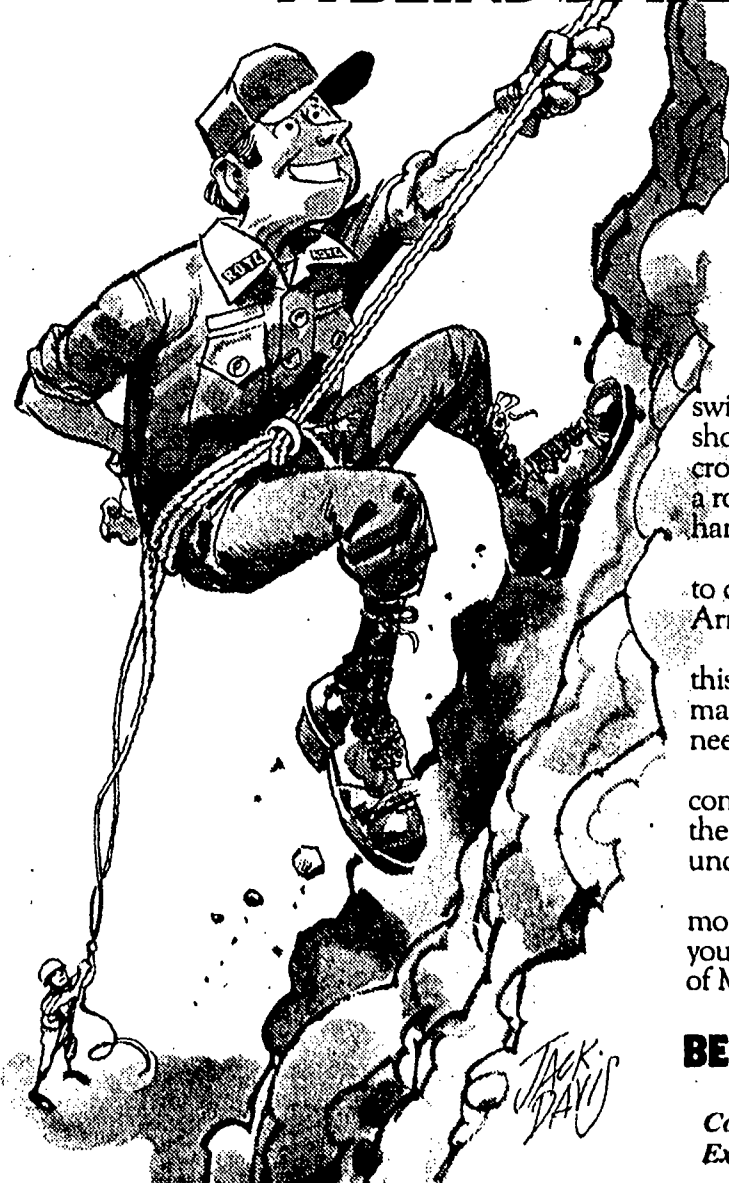
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Dec. 7-10

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VanDyke teaches with energy, enthusiasm

BY TORI BUNKOWSKI
Guest writer

Advisement and Recruitment Committee. The Faculty Development Committee helps NWMSU instructors receive grants for research and study in their fields, she said. "That's nifty. I like that. It's helping other faculty get a little sparkle," she says.

A 1958 graduate of the University of Wisconsin at Platteville, with a Master of Art degree in 1962 and a Doctor of Philosophy degree in 1972 from the University of Wisconsin at Madison, she also serves as academic advisor to approximately 15 students. "I really like working with undecideds," she said. "They're very challenging."

She also judges high school speech and debate contests, the annual Nodaway County American Legion Oratorical Contest, and various Nodaway Arts Council competitions.

"I used to time track events too," VanDyke says. Minor in physical education at the Wisconsin university, she played hockey in college, as well as semi-pro softball for seven years. Her sports success began, however, with being named to the all-state basketball, hockey and softball teams during her high school days in Hanover, Ill.

Though interested in sports, she decided to teach, she says, because she had what she felt was a very bad high school chemistry teacher.

"He was the worst teacher in my life," she says. "I thought someone should go out and fight what he broke."

Organizing a list of attributes of a good teacher has perhaps saved her from slipping into the same category as the chemistry instructor.

"A good teacher should have patience and faith," she says. "That's the sainthood part." She adds that a good teacher must also have "hope and faith in the processes, the material, and the receiver," along with compassion, high energy and good health.



Dr. Patt VanDyke, English professor, relaxes in her office in between classes. VanDyke is an avid reader and writes poetry when she can make time. (Missourian Photo/Karla Miller).

Many of these same qualities are included in her definition of an ideal student--"a student that wants to know, but will give you time to teach it; a student that's mature enough to take a 'No, that didn't work'." She concludes that this student should also be independent and willing to try to work out problems on his own, before going to the teacher.

VanDyke has met many students--some that were and some that were not ideal--during her career at NWMSU and Wisconsin before coming to Maryville.

"This has been a good choice for me," she says. "I'm happy here."

Her colleagues and students alike are happy she is here.

Dr. David Slater, associate professor of English, says, "She's very dynamic. She has a really unique, almost bawdy style."

Agencies offer travel

BY KARNA MICHALSKI
Missourian Features Editor

Students interested in going south over Christmas break or spring break have a choice of travel agencies.

The Outdoor Program is offering a ski trip to Steamboat, Colo. as is Sunchase Travel Agency.

"We're trying to give college students an option," said Sunchase spokesperson, Terry Long. She said Sunchase offers the best prices for the most enjoyable trips.

The Outdoor Program has gone through several different travel agencies to organize trips. Sunchase was one of them, according to Dean Anderson, Outdoor Program director.

This year the Outdoor Program is working with "Trips Unlimited" for the ski trip to Steamboat. Anderson said they don't raise the prices of the trips. "We're a non-profit organization."

Advantages of an Outdoor Program trip includes the variety of equipment students can rent. Sunchase doesn't have this option.

Long said students who wish to

drive their own cars to the vacation spot can not do so if they go through the Outdoor Program. Students must travel on chartered buses.

With the Sunchase agency, students may travel in their own cars and also have a choice of residing in four separate condominium units or a hotel. The Outdoor Program customers will stay in a lodge at Steamboat.

Because the Outdoor Program has a competitor, Long feels they (the Outdoor Program) are trying harder to find agencies with cheaper prices and trip packages of better quality.

Both programs have warm trips planned for spring break. The Outdoor Program will be traveling to Daytona Beach, FL. Cost is approximately \$200 for seven nights and eight days lodging. Transportation is provided.

Sunchase has two trips planned. Students can either vacation in South Padre, Texas, or Port Aransas, which is outside of Corpus Cristi, Texas. The Port Aransas trip is \$99 without transportation, \$170 with. Both vacation spots are near the Gulf of Mexico.

STRESS: Students feel pressures

Continued from Page 1

term and finals," said Hughes. "Finals are a double burden because papers are due, too. Some students have put off writing the papers."

Rocky says that students also experience stress during pre-enrollment. "People are trying to choose majors and predict the future."

"Stress is caused by too much or too little of something in one's life," said Sunberg.

Sunberg talked of a balance between physical, social, intellectual and spiritual well being. "Students need to see if the stress is caused by an imbalance of these things," said Sunberg. "The purpose of the center is to help bring this balance back."

The first and foremost action is to attack the source of stress. Students need to find out what is causing it.

"That would involve an examination of the situation to find the stressors," said Rocky. "Whatever is causing the stress will suggest its own resolution."

Sometimes talking with a friend, counselor or adviser helps, said Hughes, but the friend should be realistic and realize that there is a problem.

The center suggested planning your next day's activities the evening before, and in the morning reviewing that plan. Work off anxiety through a hobby or exercise. Take care of yourself physically by proper diet, rest and exercise.

Spend time with friends and allow time to be alone and think. Take time to unwind by not studying an hour before going to bed. If you feel depressed, get out of your dorm room and spend time with others.

Besides providing the counseling center, the university offers a wide variety of programs that are aimed at helping students with stress.

The tutorial and remedial programs, courses in studying and time management and academic advisors try to ease the academic burden for the student. Movies, workshops and recreational facilities provide an outlet for students. Dorm activities and belonging to campus organizations bring companionship to students.

NOTICE: Faculty and Staff,
payroll day will be FRIDAY, Dec. 30
from 8-12. In the Cashiering Office.

Golden Hearts

Congrats to our newly elected officers. Looking forward to having a successful new year.

Hope you have a fantastic break.

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would like to thank the Northwest Student Body for all of your support this semester. Thank you and Merry Christmas

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Rockin Northwest!

STRESS: A holiday headache

BY TERESA SCHUELKE
of the Missourian

Along with finals, December brings the holidays. Often what should be a joyous time can turn out to be a real headache. The holiday, as with finals, can be a stressful time.

"People experience stress during the holidays because of the demands made on personal resources, such as time and money," said Dave Sunberg, director of the counseling center. "Christmas is a time for gifts and some people don't have the resources for that."

Sunberg said some people experience stress and depression because they can't be with their families.

"There's also an expectation promoted about the holiday season," said Sunberg. "An emotion of feeling good. This feeling should be carried about all year, not just during the holidays. People's expectations become too high and can be a letdown."

Father Tom Hawkins of the Newman Center also talks about the let-down feeling people have during the holidays. "People put pressure on Christmas Eve and Christmas Day and try to make it one big perfect event."

Father Hawkins says people should bring the religious aspect back into the holiday season. He says to restore the religious aspect, people could bring back the European tradition of the twelve days of Christmas. Traditionally, Christmas is celebrated as the first day, and progresses until the twelfth day which is the Feast of Epiphany, which was the day the three wise men brought gifts to the Christ child.

Hawkins said this would draw out Christmas. People wouldn't experience the depression of all the activity in one day and then it's suddenly over.

Sunberg suggests to counter-act the depression, people should plan a special activity for post-Christmas.

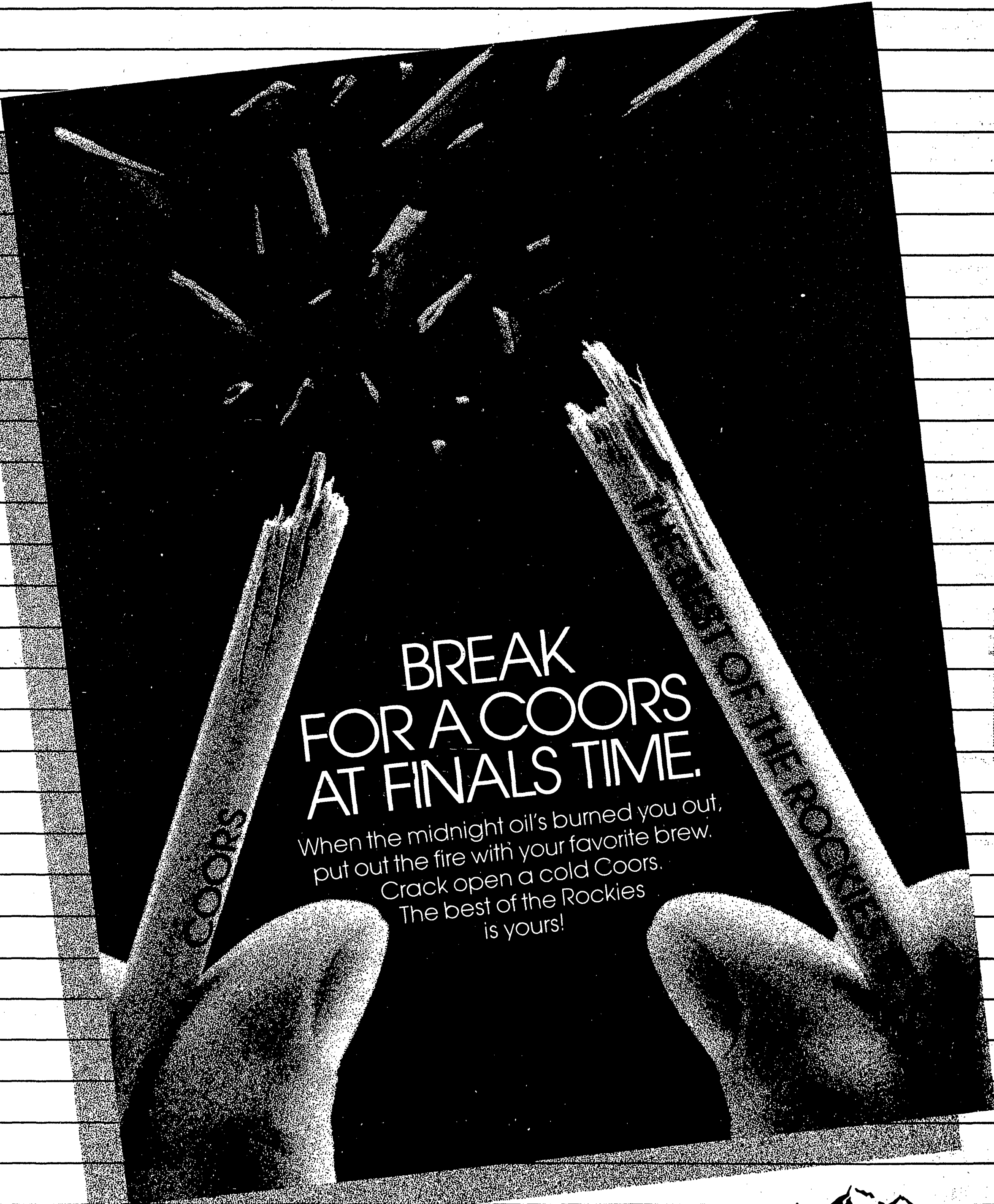
"Do something with friends or read a book you've been wanting to read for a long time," he said. He also suggested doing something for others, giving a donation like blood or a contribution to the library.

We would like to wish the students and faculty of N.W.M.S.U. a very Happy and Safe Holiday Season!

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Cats capture Drake Festival

BY KEN GAMMELL
Missourian Staff writer

The Northwest Missouri wrestling team concluded a very successful week by capturing first place at the Drake Festival last Saturday in Des Moines, Iowa.

The Bearcats ran their dual record to 6-0-1 on the season, winning the round robin tournament with a 4-0-1 record. Northwest defeated rival Northeast Missouri State 38-9, Central Missouri State 25-15, Monmouth College 36-15, Division I Drake University 19-18, and tied Division I Southwest Missouri State, who they had beaten Thursday night 25-14.

Bearcat wrestlers who earned first team all-tournament honors were freshman Craig Schwienebart at 150; Miles Erickson at 167; and junior Mike Flanagan at 177. Junior Wayne Love at 190 was named to the second team, while junior Bill O'Connor at 134, senior Dale Crozier at 158 and

sophomore heavyweight Tod Ensminger were named to the third team.

Head coach Gary Collins said, "Up at Drake we had five dual matches and the team champion is determined by the best record. We defeated Drake for the championship. Craig Schwienebart, Miles Erickson and Mike Flanagan took first place and were outstanding. Bill O'Connor is wrestling with an injured knee and placed third, but registered an important win over Drake. His record is 7-1 and he is doing an excellent job wrestling with an injury."

Northwest 23, UNO 18

Tuesday, Nov. 29, the Bearcats upset the University of Nebraska-Omaha at Lamkin gym, 23-18. The win was the first for Northwest over UNO in 16 seasons. UNO has been a perennial powerhouse in small college wrestling and was the third place finisher in last year's Division II

championships.

Freshman David Rhoades got the Bearcats off to a good start by defeating Steve Jakl 15-2. At 126, Kevin Larson of Northwest fell to Bill Colgate 16-3 and Bill O'Connor at 134 defeated Mike Fox 9-2.

Trent Tinsley of UNO beat Charlie Evans 11-5. At 150, Craig Schwienebart (NWMSU) pinned Mike Erickson (UNO) at 158, Mark Manning (UNO) decisioned Dale Crozier 13-4.

Miles Erickson (NWMSU) defeated Mark Ostrander 19-6 at 167. Mike Flanagan (NWMSU) at 177 was victorious over Doug Hassel, 12-4.

Mike Baum (UNO) edged Wayne Love 13-10 and at the heavyweight bout, Damon Tyree (UNO) won a close 10-7 match over Todd Ensminger.

Collins said, "It was a good team effort. We had outstanding performances from David Rhoades, Bill O'Connor, Craig Schwienebart,

Miles Erickson and Mike Flanagan. UNO finished third at nationals last year."

Northwest 25, Southwest Mo. 14

On Thursday, Dec. 1, Northwest defeated Southwest Missouri State 25-14 at Lamkin gym.

Southwest grabbed an early 6-0 lead with victories at 118 and 126 pounds over David Rhoades 8-7 and Kevin Larson 15-8. At 134, Bill O'Connor got Northwest on the scoreboard with a 13-6 decision. Jeff Giles of Southwest had a decision over Charlie Evans 13-7 at 142. Craig Schwienebart scored a big 24-7 win at 150 as Northwest pulled away from the Indians winning all the remaining matches. Dale Crozier topped Norm Dahm, 17-5 at 158; Miles Erickson beat Ken Poole 10-4, at 167; Mike Flanagan at 177 edged Jon Frangoulis 6-4; Wayne Love handled John Taylor 25-9; and at heavyweight Todd Ensminger pinned Mike Stokes in 1:02.

Collins said, "Southwest is a division I school now and they beat us two times last year. It was a strong overall team effort for us to beat them 25-14. Outstanding performances were registered by O'Connor, Schwienebart, Crozier, Erickson, Flanagan, Wayne Love and Todd Ensminger."

Tuesday, Dec. 6, the Bearcats face Buena Vista and Thursday, Dec. 8, they host Central Oklahoma State at Lamkin.

Collins concluded, "We are very pleased with where we are so far. Our dual record is 6-0-1. We have some injuries, but we are continuing to develop. We have a real tough week coming up with Buena Vista and Central Oklahoma. Central Oklahoma will probably be one of the strongest teams we see this year."



Head basketball coach Lionel Sinn is just as involved in the game as his players, during Monday night's matchup with Tarkio in Lamkin Gym. (Missourian Photo/Karla Miller).

Phi Sig Epsilon hard to beat

BY KEN GAMMELL
Missourian Staff writer

The Intramural wrestling meet was held Wednesday and Thursday, Nov. 16 and 17. The weight class winners were; 125-Jay Mitkeff-TKE, 135-Mark Brommel-independant, 145-Ron Smith-Sig Tau Gamma, 155-Andy Marty-Phi Sig Epsilon, 165-Thad Dawson-Phi Sig Epsilon, 175-Rick Goodwin-Phi Sig Epsilon, 185-Rod Kooker-Phi Sig Epsilon, 195-Lane Cooper-Phi Sig Epsilon, 210-Jerry Zech-Sig Tau Gamma, Heavyweight-Wade Jenkins-Sig Tau Gamma.

The winner in the team race was Phi Sig Epsilon, followed by Sig Tau Gamma and TKE in third place.

Swimming was held Wednesday, Nov. 30. Delta Chi took the team championship while TKE and Phi Sig

Epsilon tied for second. In the independent division, Third Phillips took first and The Stroke took second.

In the women's division, Dikes Dollies captured first and The Little Pink House took second.

In the all-school competition, Steve Warnock was the men's 50 meter freestyle champion and Kelly Christianson won the women's. In the 50 meter backstroke, the men's winner was Mike Wiertz and Terry Sauvain, the women's champion. David Martin and Amy Cook captured the men's and women's 50 meter breaststroke and the 50 meter butterfly champions were Jeff Allen and Carmen McMahon.

In the relay races, the winner of the men's 100 meter medly was Third Phillips and the women's winner was Dikes Dollies. The winners of the 200

meter freestyle was The Stroke and The Ugly Ducklings in the women's division.

In the race for supremacy points in the fraternity division, Phi Sig Epsilon is in the lead with 333.5 points and Sig Phi Epsilon is a close second with 327 points. Delta Chi is in third with 234 and Sig Tau Gamma is in fourth with 198. The TKE's hold down fifth place with 162.5 and AKL is in sixth with 108. Delta Sig Phi is in seventh with 84 points. The individual and women's point totals are not in yet.

Basketball entries are due Tuesday, Jan. 17 and play will begin Jan. 19.

Winter sports update

Northwest Missouri wrestlers led their dual record to 7-0-1 with a 30-8 win over Buena Vista College of Storm Lake, Iowa, Dec. 6 in Lamkin Gym. David Rhoades, Bill O'Connor, Gavin Hjereid, Craig Schwienebart, Dale Crozier, Miles Erickson, Mike Flanagan and Bill Eaton were winners in their bouts for Northwest. The Bearcats are now 3-0-0 in home duals.

Basketball

The Northwest Missouri State women's basketball squad is off to a flying start this season. After a 89-53 thrashing of Tarkio College Dec. 5 in

Lamkin Gym, the women have brought their record to 9-0. The win ties the best start for a team to begin a season. The Bearkittens of 1978-79 started the season with a 9-0 record.

In other action for the men outside the Ryland Milner Tournament, the Bearcats are 2-1. They lost to Division I school Drake University 60-45. The 'Cats had a 11 point lead early in the game but could not hang on. Senior Victor Coleman had 14 points in the game. Prior to the Thanksgiving break, the Bearcats won a 94-89 thriller over Morningside College. In their latest action, they stunned the Tarkio Owls 88-66.

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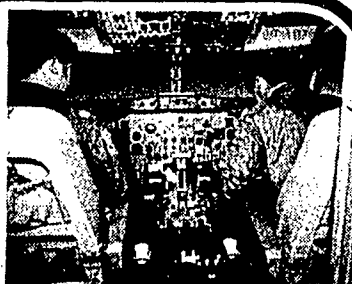
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CAPs



Northwest sports Ryland Milner champions

BY JIM BURROUGHS
Missourian Sports Editor

For the fourth consecutive year, coach Lionel Sinn's Bearcats are the champions of the Ryland Milner Invitational Tournament. The 'Cats accomplished this feat by downing Evangel College of Springfield, Mo. 78-61 and Southwestern College of Winfield, Ks. 78-59 this weekend in Lamkin Gym. With the wins, the Bearcats improve their record to 5-1.

Against Southwestern, the Bearcats got off to a slow start, falling behind by as many as five points on two occasions. But with five consecutive points by sophomore Joe Hurst, the Bearcats tied the game 12-12, with 12:42 left in the first period.

The game was tied twice more in the half before the 'Cats got on track. Tied 16-16, junior Steve Behlmann canned a jumper and a free throw after being fouled and junior Tom Bildner netted a basket to give the 'Cats a 21-16 lead. Not a team to give up easily, Southwestern regained the

lead 24-23 with 6:40 left to play in the half.

Rolling up an unanswered 13 points, Northwest went into the locker room at intermission with a 10 point, 38-28 lead. At the half, Hurst led the 'Cats in scoring with 13 points and senior Victor Coleman had nine.

Within minutes of the second half, the 'Cats picked up from where they left off in the first half. Allowing Southwestern only to come within nine points twice, Northwest went on a scoring explosion. The 'Cats electrified the crowd especially after a Coleman slam made the score 43-31.

From there just about everything the 'Cats put up went in. They finally opened up a 22 point lead with 4:02 left in the game when Hurst netted a field goal. Prior to Hurst's basket, Coleman had back-to-back slam dunks that got the crowd in a static roar. Southwestern rolled off eight straight points to get within 14, 71-57 but the Bearcats held off any last rallying attempt that Southwestern could muster.

Victor Coleman finished the game

with 22 points and nine rebounds. Coleman also finished as the game's top scorer. Joe Hurst netted 20 points, nine rebounds and five blocked shots. Tom Bildner added 15 points and five rebounds.

With his performance at the tournament, Coleman moved from sixth to fourth place on the all-time NWMSU rebound list with 15 rebounds, bringing his career total to 451. Tod Gordon is currently eighth on the all-time rebound list with 408.

Bearcats 78, Evangel 61

In their first game of the tournament, the Bearcats faced Evangel College.

As they have done early in the season, Northwest fell behind and trailed by three points on two occasions. Trailing 8-5 with 15:20 left to play in the half, the 'Cats scored eight consecutive points to take a 13-8 lead with 13:32 to play until intermission.

From that point the 'Cats kept ahead and finished with an eight-

point, 35-27 halftime lead.

In the second half, Northwest led by as many as 20, 75-55 with 1:14 left to go in the game. There was never a cause for the Bearcats to worry because they have won every game this season that they have lead at the half.

Senior Tod Gordon was the scoring leader for the game with 17 points. Junior Steve Behlmann scored 15 points and had eight rebounds while junior Tom Bildner had 14 points and 11 rebounds. Senior Victor Coleman netted 12 points and had a team high six assists. Sophomore Joe Hurst had a game high 12 rebounds. Northwest outrebounded Evangel 51-24.

Bearkittens 78, Dana 48

Besides sporting the Ryland Milner champion on the men's side, Northwest also sported the women's champion as the Bearkittens won the tournament for their seventh consecutive year.

Northwest defeated Dana College

of Des Moines, Iowa 78-48 and Emporia State of Emporia, Ks., 85-70. With the two victories the 'Kittens' record improved to 8-0.

The Bearkittens jumped to an early lead against Emporia State in the championship game. Senior Betty Olson put the 'Kittens on top 2-0 and from that point on they never trailed.

The 'Kittens, in the first half, led by as many as 16 points four times. Sophomore Holly Benton gave them their first 16-point lead, 42-26 with 3:46 left in the half, when she canned a 12-footer right of the foul line.

At the half the Bearkittens led 48-32. They shot 70 percent from the field and converted 6-10 on the free throw line for 60 percent. Olson led the 'Kittens in scoring with 13 points and Diane Kloewer added 12 points.

In the second half, the Bearkittens built up an 18-point lead, 68-50 with 6:38 left in the game. Emporia State however, staged a hard press and cut the Northwest deficit to six, 72-66 with 2:10 left in the second half.

A Betty Olson basket from the in-

side, two Marla Sapp free throws and another score from Olson, put the Bearkittens up 78-68 with 40 seconds remaining. The 'Kittens regained the composure they had earlier in the game and outscored Emporia State 13-4 in the last two minutes.

Senior Betty Olson led all scorers with 25 points and rebounds with 11. She also added a team high and Northwest career high six assists. Junior Marla Sapp scored 19 points and senior Diane Kloewer added 18 along with nine rebounds and four steals. Sophomore Kim Scamman had six points and five assists.

Also in the game, the 'Kittens hit on 34 of 68 field goals for 50 percent and 17-27 from the free throw line for 63 percent. Northwest also outrebounded Emporia State 47-42.

Bearkittens 85, Emporia St. 70

After a sluggish start in their first match against Dana College, the Bearkittens got into gear. Even though there was not much scoring in the first half, the 'Kittens led 26-21.

The 'Kittens warmed up in the second half and led by as many as 34, 76-42. They shot 67 percent from the field compared to 39 percent they shot in the first half.

Senior Diane Kloewer led Northwest in scoring with 22 points. Junior Marla Sapp chipped in 17 while sophomore Kim Scamman had 10 points and her fourth consecutive nine-assist game of the season. Sophomore Christy Heldenbrand totalled eight points and nine rebounds and four assists. Sophomore Holly Benton also had eight points, three assists and two steals.

Kloewer scored her 1,000th career point early in the Dana game and had 1,035 by the end of the tournament. That put her in seventh place on the all-time NWMSU list. Kloewer only needed 14 points at this time to move past Sue Sugg and into sixth place. Kloewer, with 197 points this season, is currently the team's leading scorer with 24.6 points per game and is also the team's leading rebounder.



Victor Coleman (22) leaps into the air ready to slam home two points against the Tarkio defense. Coleman scored 20 points to help the Bearcats beat the Owls 88-66 Monday night in Lamkin Gym (Missourian Photo/Karla Miller).

Coleman, Kloewer win MVP

BY JIM BURROUGHS
Missourian Sports Editor

For the second time in his four-year career at Northwest, senior Victor Coleman was selected the MVP of the Ryland Milner Tournament, which is a record. Coleman first won the honor as MVP his freshman year of 1980.

Coleman, a 6'5" guard from Danville, Va., scored 34 points in the tournament and had 14 rebounds. He was a key in both wins against Evangel and Southwestern.

In addition to making MVP, Coleman was also voted to the 1983 Milner Men's All-Tournament team. This is his fourth consecutive year on the team, which is another tournament record.

Joining Coleman on the team, also from Northwest, was Joe Hurst, a 6'5" sophomore from East St. Louis, Ill. Hurst had 27 points and led the tournament in rebounds with 21.

Not making the All-Tournament team but having a good tourney was 6'6" junior Tom Bildner from St. Charles, Mo. Bildner had 29 points and 16 rebounds in the two games. Steve Behlmann, a 6'7" junior from St. Louis, Mo. was one of the top rebounders in the tourney with 11.

Not only did Northwest sport the men's MVP of the tournament but the women's as well. Senior Diane Kloewer won this year's honor and is the seventh player out of the eight-year history of the tournament to win it for the Bearkittens.

Kloewer, a 5'10" senior forward

from Defiance, Iowa, led the tourney in scoring with 40 points and had 13 rebounds. Going into the tournament, Kloewer was averaging 26.2 points per game and 9.5 rebounds per game. She leads the team in scoring and was second in rebounding.

To no one's surprise, Kloewer was also voted to the 1983 Milner Women's All-Tournament team. Also joining Kloewer is Marla Sapp, a 5'9" junior guard from Salem, Ill., who had 36 points in the tourney. Both Kloewer and Sapp were All-Tournament selections of the UNO Pepsi Classic earlier this season.

Also coming off a good performance in the tournament were senior Betty Olson with 29 points and 16 rebounds and sophomore Christy Heldenbrand with 12 rebounds.

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Whom angels greet with anthems sweet, while shepherds
watch are keeping.
This, this is Christ the King, whom shepherds guard and
angels sing;
Haste, haste to bring Him laud, the babe, the son of Mary.*

*So bring Him incense, gold and myrrh, come peasant king to
own Him.
The King of kings, salvation brings, let loving hearts enthrone
him.
Hail, hail the word made flesh, the cross He bore for me, for
you.
Nails, spear shall pierce Him through, the babe, the son of
Mary.*

Lower Left: A brief camera lesson during the Sigma Sigma Sigma and the Phi Sig's Headstart Christmas Party Monday night.

Upper Left: A bearcat Santa decorates one of the dorm doors on 4th floor Millikan.

Upper Right: Santa holds one of the many little visitors at the Sigma Sigma Sigma and Phi Sig Headstart Party.

Middle: Who said decoration has to be expensive? Socks from the the clothes hamper hang from the Phi Sig fireplace mantle.

Lower Right: Snowmen, women and other objects are popping up all over Maryville since the arrival of snow in the community.

